

Implementation Plan for Nelson County Health System

July 1, 2019 - June 30, 2021

Priority Area: Ability to meet the needs of the older population

Goal: Increase the number of primary care providers and proportion of persons with a primary care provider.

Objectives:	Timeline	Partners
1) Increase number of practicing primary care providers by 1.75 FTE Strategies: a) Work with CRH to post job opportunities and advertise at job fairs. b) Build a fund for sign-on bonuses with a 3 year commitment c) Invest in promotional materials to promote life	30-Jun-21	CHR, NCHS Foundation, Nelson County Economic Development
2) Implement a Rural Health Clinic in the northern area Strategies: a) Secure a location b) Apply for licence c) Advertise new location	1-Jul-21	NCHS Clinic, Michigan Economic Development, Eide Bailey
3) Implement a Home Health Program Strategies: a) Apply for licensure and certification b) Secure staffing c) Implement policies and procedures	30-Jun-21	Nelson-Griggs District Health Unit, Red River Valley Home Health
4) Implement transportation for medical appointments Strategies: a) Implement policies and procedures b) Secure a transportation method c) Secure staffing	31-Dec-19	Nelson County Transit, Nelson County EMS, NCHS VA van program
5) Assist in home food assistance programs Strategies: a) Promote Food Stamps and meal programs through county assistance b) Implement a program to assist individuals in SNAP applications c) Educate the public regarding options for food assistance	1-Jul-20	Nelson County food pantry, Nelson-Griggs District Health Unit, GF Senior Meals

Priority Area: Bullying and Cyberbullying

Goal: Reduce and prevent bullying and to improve peer relations at school.

Objectives:	Timeline	Partners
1) Help kids understand bullying Strategies: a) Hold imposiums and educate b) Encourage communication	30-Jun-21	NCHSF, Dakota Prairie Schools
2) Encourage others to take part in activities, interest, and hobbies Strategies: a) Facilitate a volunteer group to build activities for kids b) Develop a comprehensive community strategy	30-Jun-21	NCHSF, Dakota Prairie, Community Members

Priority Area: Adult population not getting enough exercise/ physical activity

Goal: Preventing disease, lower risks of falls, improve mental health and well-being, strengthn social ties.

Objectives:	Timeline	Partners
1) Open a gym or exercise facility in the community Strategies: a) Meet with community members and secure a building/ location b) Raise funds to promote and/ or help open the fitness facility	1-Jul-20	City of McVile, Dakota Prairie Schools
2) Implement a group for organized walks, water areobics, or senior square dancing Strategies: a) Secure a group to organize physical activities b) Provide incentives to reward seniors for their compliance	1-Jul-20	City of McVile, NCHSF,
3) Construct a walking path outside and make sidewalks clear and free of debris Strategies: a) Build a rough draft of building plans b) Organize volunteers to promote and utilize safety c) Build a fund and raise money for construction/ upkeep costs	1-Jul-20	City of McVile, McVile Park Board, Community Volunteers, Nelson County Economic Development

Priority Area: Cost of long-term or nursing home

Goal: Increase awareness and access to long-term care insurance

Objectives:	Timeline	Partners
1) Encourage young adults/adults to obtain Long Term Care Insurance Strategies: a) Hold a public meeting and have an open discussion for questions b) Have a set time to help public with questions/application assistance c) Reiterate that health insurance does not cover LTC stays	31-Dec-19	Berg Insurance, American Family Insurance
2) Design brochures for your target audience Strategies: a) Determine your purpose and long-term goals b) Include a call-to-action	30-Jun-21	NCHSF, Altru Health System
3) Educate community Strategies: a) Identify assets across community and align resources to support the most effective strategies b) Help community understand difference between Medicare, Medicaid, and commercial insurance	30-Jun-21	Nelson-Griggs District Health Unit, NCHSF Nelson County Social Services